Do you have a diagnosis, or care for someone with Lewy Body Dementia or Parkinson's Disease Dementia?

Do you often struggle to cope with challenges?

Would you like to discuss your experiences with other people affected by this disorder?

Here for each other

Lewy Buddy Support Network UK (LBSN UK) is a community-led organisation supporting people affected by Lewy body dementias.

Peer support is central to our approach; Buddies are the experts by experience on the challenges of living with or alongside a Lewy body disorder.

## Join our community The Buddy Directory

"This is a superb service, very safe and very supportive"

The Buddy Directory is a secure online list of all our members spanning the length and breadth of the UK.

- Browse and search for people local to you
- Connect with people in similar situations
- Find your buddy for mutual peer support



Find out more:

www.lbsnuk.org

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