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| |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | "We are really excited to have these giant lungs join us in Basildon. The inflatable lungs help to illustrate how our lungs can be damaged by disease and affected by our lifestyles. My hope is that when people see just how important it is to look after your lungs, they will take action to keep them safe.  “The free NHS lung health checks are a great way to give your lungs an important check-up. If you’re aged 55 to 74 and are a smoker or ex-smoker, come meet us on the day and find out more. And if you have received an invitation, make sure to contact our lung health check team."  **Dr Donald McGeachy, Clinical Director, Targeted Lung Health Check Programme** | | | | |  |  | | --- | --- | | |  | | --- | | The national Lung cancer screening programme is helping catch cancer earlier and save lives. The programme is targeted in areas with higher rates of smoking and incidences of lung cancer. Since starting in Basildon, 10 cancers have been detected, six of these in the early stages (stages 1 and 2) when treatment is more effective.  It is the last chance for people in Basildon to take up a lung health check before the programme moves to Billericay and then Wickford later this year.  Basildon residents who have received an invitation or believe they are eligible for the programme can call 0300 300 1557 for more information.  Volunteers from Roy Castle Lung Cancer Foundation, a leading UK lung cancer charity, visit towns across the UK with their inflatable lungs to discuss lung health. They will be joined in Basildon by members of the local Lung Health Checks Programme. | | | |

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